

DCYF Standard Operating Procedure

2132.2 CLINICAL SERVICES FOR COMMITTED YOUTH

Policy Directive: 21-17

Effective Date: March 2021

Implements Policy: 2132

Approved:

seph E. Ribsam, Jr., DCYF Director

This SOP outlines clinical services available to committed youth.

Procedure

The following information is to support the implementation of the above referenced policy. This document shall not preclude staff from using their professional judgement based on individual circumstances, consistent with the requirements of the policy.

- I. Trust Presentations based on a special education model of assessment are used to allow youth to demonstrate competency with their treatment goals.
 - A. Youth Counselors (YCs) work with the youth to review their treatment plan to prepare for Trust Presentations;
 - B. YCs or Clinical Coordinators (CCs) assess competency readiness for Trust Presentations; and
 - C. The youth's assigned CC schedules Trust Presentations with the SYSC Department Heads.
- II. The assigned CC provides:
 - A. Individual therapy, minimally once a week; and
 - B. Family therapy, minimally once every other week.
- III. Core psychoeducation groups are held weekly consisting of:
 - A. Substance Awareness;
 - B. Anger Management;
 - C. Honest Minds Lite; and
 - D. Release and Reintegration/Life Skills.
- IV. Substance Use Disorder programming is available based on need including group therapy twice per week.

- ٧. Youth will be engaged in re-entry planning to prepare them to live in their homes or an appropriate alternative.
 - Re-entry planning is part of every youth's individualized treatment plan. A.
 - B. The youth's Treatment Team will design and update draft exit guidelines on Exit Guidelines/Discharge Summary Form 2361 within 60 days of the youth's entry to SYSC.
- Crisis Management is available including assessment at admission and support during VI. behavioral incidents.

Applicable Forms			
Form	Title		
2361	Exit Guidelines / Discharge Summary		

Glossary and Document Specific Definitions

C - D E - F G - I A - B J - L M - N O - Q R - S T - V W - Z

Document Change Log				
PD	Modification Made	Approved	Date	

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